



Feidhmeannacht na Seirbhíse Sláin  
Health Service Executive

Health and Wellbeing Office  
South East Community Healthcare  
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**R95 NV08**

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23rd of March 2021

Dear Principals,

As you prepare for students to return to school, the HSE/South East Community Healthcare Organisation is happy to share a COVID-19 video focusing on empowering students on how to stay safe during this pandemic.

We hope this video, that was recorded in FCJ Secondary School, Bunclody with Lenora Fitzgerald, Community Infection Prevention and Control Nurse, will be of help in the important quest to keep everyone safe in the school environment and stop the spread of COVID-19.

The central themes covered in this 22 minute video relate to physical distancing, the importance of good hand hygiene practice, wearing masks correctly, respiratory hygiene and cough etiquette, and maintaining a clean school environment.

This is a multi-modal video, as Lenora shares important Infection Prevention and Control and Public Health messages, gives a practical demonstration of Hand Hygiene technique, linking with a video with Prof. Martin Cormican on the importance of thorough Hand Hygiene to help prevent the spread of infection and protect students and staff. The Irish Government campaign on COVID-19 Safety Bubbles and the World Health Organisation message on “How to wear a fabric masks correctly” are shared, and students were given an opportunity to have their questions answered.

[https://www.youtube.com/watch?v=PEG6\\_WlfeAo&t=155s](https://www.youtube.com/watch?v=PEG6_WlfeAo&t=155s)

We wish you all a safe and successful return to the physical school environment.

Kind regards,

A handwritten signature in black ink, appearing to read 'Deirdre Havel', written over a horizontal line.

Head of Service Health & Wellbeing